

LSU

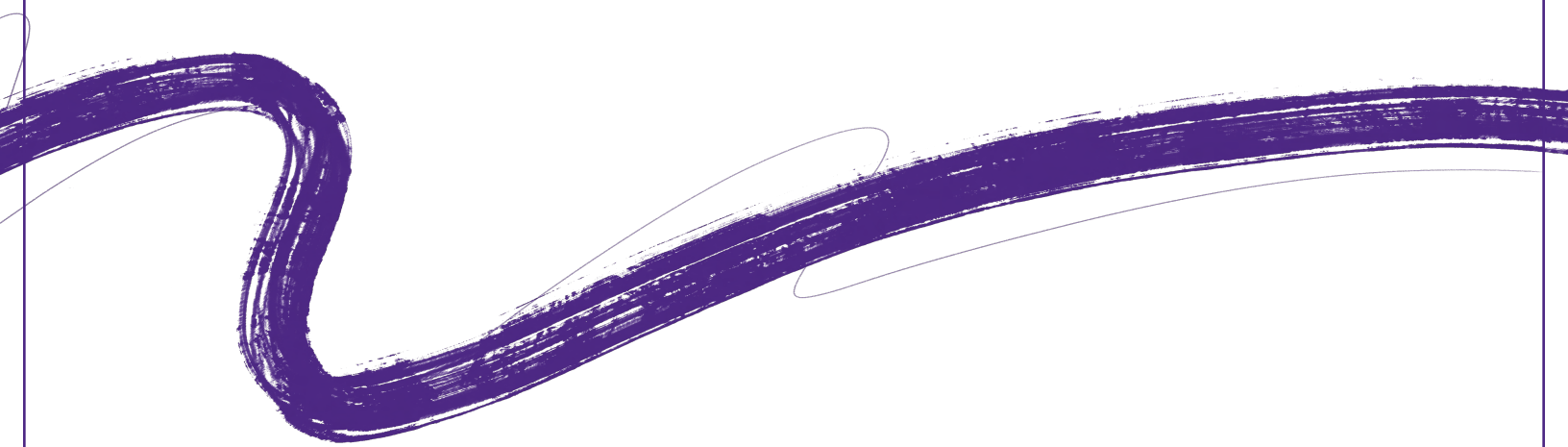
# READY *to* ROAR

## CAREER PROFICIENCIES GUIDE



At LSU, you'll gain the knowledge and experience to succeed in any field. With a blend of **professional opportunities, academic excellence, and varied involvement** both on and off campus, you'll graduate...

# READY *to* ROAR



The 10 **Ready to Roar Career Proficiencies** provide the framework to connect all of your experiences to the language employers use when recruiting future professionals.

**Ready to Roar** is adapted from the National Association of Colleges and Employers (NACE) Career Readiness Competencies, LSU's general education Integrative Learning Core (ILC), and the skills you develop in the 153 hours outside of the classroom or co-curricular experiences. **Highlighting these career proficiencies in your job search can help you stand out.**

# READY *to* ROAR

## CAREER PROFICIENCIES

### **SELF-AWARENESS**

EMOTIONAL INTELLIGENCE | SELF DEVELOPMENT | PROFESSIONALISM

### **COMMUNICATION**

WRITTEN | ORAL | NONVERBAL | GROUP

### **CRITICAL THINKING**

LOGICAL THINKING | THOUGHTFUL ANALYSIS | ATTENTION TO DETAIL

### **PROBLEM SOLVING**

SOLUTION DEVELOPMENT | CONFLICT MANAGEMENT | FLEXIBILITY

### **TEAMWORK**

COLLABORATION | COMPROMISE | ACCOUNTABILITY

### **LEADERSHIP**

INITIATIVE | WORK ETHIC | DELEGATION

### **GLOBAL LEARNING**

PERSONAL RESPONSIBILITY | PERSPECTIVE | INFLUENCE

### **INTERCULTURAL KNOWLEDGE**

AWARENESS | CULTURAL COMPETENCE | MULTICULTURAL INSIGHT

### **DIGITAL LITERACY**

TECHNOLOGY | ARTIFICIAL INTELLIGENCE | ADAPTABILITY

### **CIVIC ENGAGEMENT**

SOCIAL IMPACT | COMMUNITY INVOLVEMENT | COMMITMENT

# SELF-AWARENESS



THE ABILITY TO IDENTIFY, ARTICULATE, AND DEVELOP ONE'S VALUES, INTERESTS, SKILLS, STRENGTHS, KNOWLEDGE, AND EXPERIENCES RELEVANT TO PERSONAL GROWTH AND PROFESSIONAL SUCCESS.

## KEY BEHAVIORS

- **Showcase dependability** by consistently arriving on time, being prepared, and staying focused at work.
- Understand personal **strengths and weaknesses** and seek opportunities to build upon and develop them.
- Actively **request feedback**, and approach it with an open mind, using it as an opportunity for growth and improvement.
- Remain open to **adjusting your strategy** when new insights or perspectives are presented.
- **Reflect and learn** from mistakes, accept responsibility, and work to improve from the experience.
- Assess how your career path **aligns with personal values** and long-term objectives.

## HOW EMPLOYERS ASK

- Tell me about a time when you had to put in **more effort** on a project than you initially expected.
- Describe a time when you **made a mistake** and how you went about rectifying the situation.
- What **unique skills and abilities** do you feel make you qualified for this position?
- What motivates you to put forth your **greatest effort**?
- Guide me through yesterday (or last week) and tell me **how you planned** the day's (or week's) activities.

## WHERE TO BUILD IT...

- Student employment
- Professional internships
- Center for Academic Success
- Wellness activities
- Engaged Citizens program
- Class discussions
- Career assessments
- Mock interviews



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Adapted** personal communication style to meet the needs of each individual fifth grader on elementary basketball team.
- **Balanced** a full-time student course load with the requirements of being a Division 1 Student-Athlete, including team meetings, volunteer opportunities, practices, and team travel.
- **Sought out** opportunities to learn new skills during down times.
- **Recognized** mistakes and identified ways to address and rectify without oversight.
- **Created** a collaborative team environment for a year-long engineering capstone project by adapting communication styles to fit different team members.
- **Implemented** regular feedback cycles to ensure continuous improvement as lead project manager.



# COMMUNICATION



THE ABILITY TO EFFECTIVELY CONVEY INFORMATION, CONCEPTS, OPINIONS, AND THOUGHTS IN A PROFESSIONAL OR EDUCATIONAL SETTING.

## KEY BEHAVIORS

- **Ask questions** for specific information from faculty, supervisors, and others.
- **Translate content** to multiple audiences, ensuring that complex information is engaging across various platforms.
- Demonstrate **active listening and attentiveness** during group discussions, showcasing respect and encouraging others to participate.
- **Frame communication** with respect to different learning styles, varied individual communication abilities, and cultural differences.
- Create and present **prepared, purposeful presentations** designed to increase knowledge, foster understanding, or promote change.
- Write professional **digital correspondence**.

## HOW EMPLOYERS ASK

- Can you describe a situation in which you were able to **win over a difficult customer**?
- How do you **adapt your communication style** to different audiences?
- How do you **build rapport** with others?
- Can you give an example of a time when you **used your written communication skills** to achieve a positive outcome?
- How do you ensure that your verbal communication is **clear, concise, and engaging**?

## WHERE TO BUILD IT...

- Class projects and presentations
- Student employment
- Communication Across the Curriculum (CxC)
- Resident Assistant roles
- Research projects
- Student organization positions
- Professional internships
- Mock interviews



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Designed and presented** final capstone project findings to class of 30 colleagues as a culmination of 10-week research experiment.
- **Welcomed** students into the Career Center, answered questions, and directed students to appropriate resources.
- **Communicated** with cross-functional teams to create and share clear and concise social media messaging that aligned with the company's brand voice.
- **Responded** to parent and student questions via phone and email on behalf of the Office of Residential Life.
- **Authored** report on equipment test results to inform Boston Scientific staff on state of equipment.
- **Tailored** communication and explanations to students based on current level of understanding.
- **Emphasized** product features to customers based on analysis of needs and knowledge of product.



# CRITICAL THINKING

IDENTIFYING AND RESPONDING TO NEEDS BASED UPON AN UNDERSTANDING OF SITUATIONAL CONTEXT AND LOGICAL ANALYSIS OF RELEVANT INFORMATION. THE ABILITY TO THINK CLEARLY AND RATIONALLY TO MAKE DECISIONS.

## KEY BEHAVIORS

- Make decisions and solve problems using **sound, inclusive reasoning and judgment**.
- Gather and analyze information from a **broad set of sources and individuals** to fully understand a problem or situation.
- **Proactively anticipate** needs and prioritize action steps.
- Accurately summarize and interpret data with an **awareness of personal biases** that may impact outcomes.
- Effectively communicate actions and rationale, **recognizing the varied perspectives** and lived experiences of stakeholders.

## HOW EMPLOYERS ASK

- Tell me about a time that you **used data to make an informed decision** about your next steps in a project.
- Describe a time when you had to come up with a **creative solution** to a problem.
- How do you **effectively gather information** to make well informed decisions?
- Recall a time when your education and experiences **did not prepare you** for a task. What did you do?
- Can you give me an example of a time when your attention to detail **prevented a mistake or error**?

## WHERE TO BUILD IT...

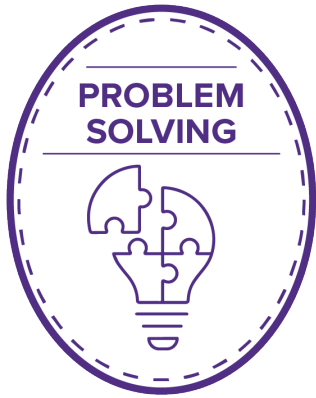
- Classroom discussions and projects
- Research projects
- Integrated Learning Core classes
- Front Desk Assistant roles
- Customer service roles
- Supplemental Instructor roles
- Lecture series



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Strategically** evaluated materials submitted to determine placement and flow in yearbook.
- **Analyzed data** on a monthly basis to showcase progress of each specimen and overall project.
- **Tailored** communication and explanations to students based on current level of understanding.
- **Researched and developed** a counselor mentoring program for new staff members to provide additional training and support.
- **Creatively planned and implemented** residential programs that focused on social and academic success.
- **Analyzed** customer purchase history using sales tracking database to produce product ordering guidelines for a local small business.
- **Conducted** extensive research on foreign companies and international trade for capstone project.



# PROBLEM SOLVING

THE PROCESS OF DESIGNING, EVALUATING, AND IMPLEMENTING A STRATEGY TO ANSWER AN OPEN-ENDED QUESTION OR ACHIEVE A DESIRED GOAL. PROBLEM SOLVING IS A COMPLEX SKILL THAT REQUIRES A COMBINATION OF CRITICAL THINKING, CREATIVITY, AND ANALYTICAL SKILLS.

## KEY BEHAVIORS

- Recognize and **clearly define problems** by gathering relevant data, evaluating potential causes, and identifying the root issue.
- Weigh the **pros, cons, and risks** of different solutions.
- Develop an **action plan** to address a problem in an ethical and reasonable manner.
- **Brainstorm multiple creative options** in team projects.
- Manage conflict with empathy, listen to all parties, and **work collaboratively** to find solutions.
- Navigate changes effectively in **real-time**, ensuring they don't hinder progress toward the goal.

## HOW EMPLOYERS ASK

- Tell me about a **major conflict** you recently handled. Were you successful in resolving it?
- Have you ever been in a situation where you had to act based on your **morals vs popular opinion**?
- Describe a situation that required **several things to be done** at the same time.
- Guide me through an experience where you had to **anticipate the needs of someone else** and create a plan to effectively address those needs.
- Can you describe a time when you had to **multitask effectively**?

## WHERE TO BUILD IT...

- Research projects
- Roommate conflicts
- Student organization judicial roles
- Student employment
- Professional internships
- Class projects



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Generated** creative solutions to solve new problems that arose on the job.
- **Benchmarked** with competitors and compiled into a 20-minute presentation for 11+ sales directors.
- **Tested** a variety of equipment using factors such as three-point bed, torque, and column strength.
- **Provided** product recommendations to increase customer satisfaction.
- **Researched** appropriate product materials based on needed strength and heat endurance.
- **Assessed** student progress and incorporated new techniques and language to explain complex content.
- **Managed** restaurant seating chart and ensured that all servers received the appropriate amount of customers throughout every shift.



# TEAMWORK

BUILDING AND MAINTAINING COLLABORATIVE RELATIONSHIPS  
TO WORK EFFECTIVELY TOWARD COMMON GOALS, WHILE APPRECIATING  
VARIOUS VIEWPOINTS AND SHARED RESPONSIBILITIES.

## KEY BEHAVIORS

- Listen carefully to others, **taking time to understand** and **ask questions** without interrupting.
- Effectively **manage conflict**, interact with and respect diverse personalities, and meet ambiguity with resilience.
- **Be accountable** for individual and team responsibilities to achieve common goals.
- Employ personal strengths, knowledge, and talents to **complement those of others**.
- Exercise the ability to **compromise and be agile**.
- Build **strong, positive working relationships** with supervisor and team members/coworkers.

## HOW EMPLOYERS ASK

- How do you communicate effectively with team members from **different backgrounds and disciplines**?
- Describe a situation when you were able to **help a team member or peer**.
- Tell me about a time when you **worked on a successful team project**. What was your role in the team, and what did you contribute to the team's success?
- How do you ensure that **all team members' ideas** are heard and considered?
- Can you give me an example of a time when you had to **compromise your ideas** for the success of the overall team's project?

## WHERE TO BUILD IT...

- Student organizations
- Intramural sports
- Class projects
- Student-athletics
- Service Learning courses
- Student employment



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Worked** closely with other team members on a semester-long software engineering project, delivering a high-quality product on time and within budget.
- **Served as team leader** for a group of 10 students in a business case competition, guiding the team to a second place finish.
- **Organized and facilitated** weekly team meetings to discuss progress on a research project, ensuring that all team members were aligned and on track.
- **Volunteered with** a team of students to provide free tutoring services to underprivileged children in the community, helping to improve their academic performance.
- **Collaborated with** fellow Executive Board members to plan out semester activities for 100-member chapter.
- **Brainstormed ideas with** a team of five to create better working and living environment as a Resident Assistant.
- **Helped advisor train staff** on how to use online programs and assigned staff members to roles that best suit skill sets.



# LEADERSHIP

RECOGNIZING AND CAPITALIZING ON PERSONAL AND TEAM STRENGTHS TO ACHIEVE ORGANIZATIONAL GOALS. THE ABILITY TO INFLUENCE AND MOTIVATE OTHERS TO ACHIEVE A COMMON GOAL.

## KEY BEHAVIORS

- **Inspire, persuade, and motivate** self and others under a shared vision.
- Seek out and leverage **diverse resources and feedback** from others to inform direction.
- Use **innovative thinking** to go beyond traditional methods.
- Serve as a role model to others by approaching tasks with **confidence and a positive attitude**.
- Motivate and inspire others by encouraging them and **building mutual trust**.
- **Plan, initiate, manage, complete** and **evaluate** projects.

## HOW EMPLOYERS ASK

- Tell me about a time when you **took the lead** on a team project.
- Describe a situation in which your efforts **influenced the actions** of others.
- Guide me through a situation where you had to **motivate others** to achieve a common end goal.
- Tell me about a time when you **faced a lot of challenges** in your work. How satisfied were you with the end results and why?
- How have you served as a role model for your peers in a **non-leadership role**?

## WHERE TO BUILD IT...

- Student organization executive boards
- Student-athletics
- Volunteer positions
- Resident Assistant roles
- Student employment
- Class projects



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Oversaw** floor meetings and floor programs to inform and entertain residents.
- **Recognized and responded** effectively in emergencies.
- **Enforced** all aquatic facility policies, rules, and regulations.
- **Managed** flag football and soccer programs supervising more than 60 teams, 900 children, and 120 volunteers.
- **Supervised** 20+ referees, facilities management staff, marketing staff, and public relations staff.
- **Coached** students to develop study schedule to increase time management skills.
- **Independently led** fourth grade classroom of 30 students for 12 days in a local public elementary school.



# GLOBAL LEARNING

EXAMINING AND THINKING DEEPLY ABOUT COMPLICATED, CONNECTED WORLDWIDE SYSTEMS AND THEIR EFFECTS ON PEOPLE'S LIVES AND THE SUSTAINABILITY OF THE EARTH.

## KEY BEHAVIORS

- Ability to **connect one's actions** to the wider societal or company impact.
- Take **informed and responsible action** to address challenges.
- Analyze ways that **human actions influence** the natural and human world.
- Explain the **ethical, social, and environmental consequences** of local and national decisions.
- Research a range of perspectives to provide a **well-rounded understanding** of an issue.

## WHERE TO BUILD IT...

- Student Government Association
- Peace Corps prep program
- Volunteer LSU
- Study Abroad
- Research projects
- Student organizations
- Service Learning courses



## HOW TO TALK ABOUT IT

### HOW EMPLOYERS ASK

- Can you describe an experience where you had to consider **different points of view** before making a decision?
- Tell me about a time when the **cultural differences** of team members led to a better result of a project.
- Can you recall the last time when you were **curious about something** and went out of your way to learn more about it?
- How do you **stay aware of your own biases** and how they might impact your interactions with others?
- What are some strategies you use to stay motivated and engaged in **continuing to learn in your life**?

### Resume Bullet Examples

- **Delivered** findings from the Parking Appeals Board after carefully evaluating reports from both sides, reviewing evidence, and considering the broader implications of the case to ensure a fair and informed decision.
- **Identified** quality proposals and allocated funds for the Campus Sustainability Grant through Student Government.
- **Visited** multiple non-profits to understand issues facing local populations while on study abroad trip to Spain.
- **Presented** research on the impacts of state led coastal restoration on indigenous cultural historic sites.





# INTERCULTURAL KNOWLEDGE

DEMONSTRATING THE AWARENESS, ATTITUDE, KNOWLEDGE AND BEHAVIORAL SKILLS REQUIRED TO EQUITABLY ENGAGE AND INCLUDE PEOPLE FROM DIFFERENT LOCAL AND GLOBAL CULTURES.

## KEY BEHAVIORS

- Solicit and use feedback from **multiple cultural perspectives** to make fair decisions.
- Promote **fair treatment and mutual respect** by encouraging practices that ensure all individuals can contribute and thrive in group settings.
- Engage in **cross-cultural experiences** by seeking opportunities to learn from a variety of communities, enhancing personal growth and global awareness.
- Actively **seek out and value alternative perspectives**, driving respectful dialogue and creating a collaborative environment where all opinions are integral to decision-making.
- **Identify resources and remove obstacles** that hinder success, ensuring fair access and opportunities for all, regardless of background or personal differences.

## HOW EMPLOYERS ASK

- Tell me about a time where you went out of your way to ensure that a peer felt like they **mattered & belonged**.
- Interacting with others can be challenging at times. Describe a situation when you wished you had **acted differently** with someone.
- Describe a time when you worked to alleviate a problem that **someone else was struggling to solve**?
- Can you share an example of a time when you worked with someone from a **different background** than yours? What did you learn from the experience?

## WHERE TO BUILD IT...

- Community cultural events
- Student organizations
- Volunteer LSU
- Resident Assistant roles
- Customer service positions
- Class projects
- Study Abroad



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Enhanced** cultural competence by studying abroad in Spain, collaborating with local students and navigating daily life in a different cultural context
- **Organized and facilitated** a series of workshops on intercultural awareness and communication for my sorority's membership.
- **Volunteered** with a local refugee resettlement agency, providing English language instruction and cultural support to new arrivals.
- **Provided** high level customer service to a broad diverse group of clients in a fast-paced work environment.
- **Hosted** multiple programs highlighting the diverse cultures of students living in the East Campus Apartments on campus.



# DIGITAL LITERACY

UNDERSTANDING HOW TO UTILIZE AND LEVERAGE TECHNOLOGY TO SOLVE PROBLEMS EFFICIENTLY AND ETHICALLY.

## KEY BEHAVIORS

- Navigate change and be **open to learning** new technologies.
- Use technology to **improve efficiency** and productivity.
- Manipulate information, construct ideas, and use technology to **achieve strategic goals**.
- Identify **appropriate technology** for completing specific tasks.
- Utilize **Artificial Intelligence (AI) systems** in appropriate and ethical settings.
- Quickly adapt to **new or unfamiliar technologies**.
- Effectively communicate through **multiple digital platforms**.

## HOW EMPLOYERS ASK

- Describe how you've gone about **learning a new technical skill or digital tool** quickly?
- What are your thoughts on the **future of work** and how technology will impact it?
- How can one **effectively use Artificial Intelligence (AI) tools** to make our individual jobs easier?
- Sometimes complex projects require additional expertise. Describe a situation when you had to **request help or assistance** with one of your projects or assignments.
- Can you tell me about a time when you used technology to **improve a process** or solve a problem?

## WHERE TO BUILD IT...

- Personal learning
- Class projects
- Student organization social media roles
- Professional internships
- Professional certificate programs
- Student employment
- Microcredentials



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Utilized** Excel to analyze customer user data for local small businesses as part of Business class project.
- **Earned** multiple Microsoft Certifications through LinkedIn Learning platform.
- **Trained** new staff on point of sales operating system that restaurant uses to manage to go orders.
- **Quickly adapted** to new software tracking system implemented within the accounting department.
- **Directed** social media communication plan for 200-person student organization, responsible for advertising events and recruiting new members.
- **Presented** research paper on the ethical uses of ChatGPT and other AI tools by high school students in Louisiana.



# CIVIC ENGAGEMENT

WORKING TO MAKE A DIFFERENCE IN ONE'S COMMUNITIES AND DEVELOP KNOWLEDGE, SKILLS, VALUES, AND MOTIVATION TO MAKE THAT DIFFERENCE.

## KEY BEHAVIORS

- Recognize the importance of being an **active member** across multiple communities and contribute to their growth and wellbeing.
- Volunteer with **community service organizations** that align with your personal values.
- **Stay informed** about issues impacting your local community.
- Research viewpoints during elections, and **participate** in every election.
- Proactively address issues in your community by **taking the initiative** to be part of the solution.
- Be motivated to **make a difference** in the community.

## HOW EMPLOYERS ASK

- Can you tell me about a time when you had a **meaningful impact** on your local community?
- How do you believe you are leaving LSU a **better place** than when you arrived?
- Why do you think a company should be **involved in its community**?
- Tell me about a time you went out of your way to **address or solve an issue** without being specifically tasked to do so.
- Describe a time when you motivated others to **support a cause** that was important to you?

## WHERE TO BUILD IT...

- Volunteer LSU
- Service Learning courses
- Student organizations
- Community events
- Student Government Association
- Geaux Vote



## HOW TO TALK ABOUT IT

### Resume Bullet Examples

- **Read** to a third grader from a local elementary school multiple times a week during the school year.
- **Mentored** a high school senior as they prepared for college application process.
- **Organized** a voter registration event that was hosted in Free Speech Plaza by the Geaux Vote student organization.
- **Collaborated** with a team of five other students to organize a Governor Debate watch party and post-debate panel discussion.
- **Sorted** food donations at the LSU Food Pantry as part of a service-learning course.
- **Checked-in** race participants at the Susan G. Komen 5k Race hosted by Zeta Tau Alpha sorority.

# CAREER PROFICIENCIES WORKSHEET

Reflect on your experiences in each area and set goals for how you'll develop or enhance these proficiencies.

## SELF-AWARENESS



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## COMMUNICATION



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## CRITICAL THINKING



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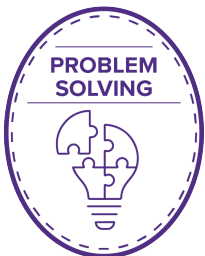
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## PROBLEM SOLVING



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## TEAMWORK



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## LEADERSHIP



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## GLOBAL LEARNING



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## INTERCULTURAL KNOWLEDGE



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## DIGITAL LITERACY



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## CIVIC ENGAGEMENT



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*Learn more*

