

Rebecca M. Hirschhorn, PhD, LAT, ATC, NRAEMT, CSCS
Curriculum Vitae

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EDUCATION

PhD in Exercise Science University of South Carolina (Columbia, SC)	08/2016 - 08/08/2020
MS in Physical Education University of South Carolina (Columbia, SC)	08/2012 - 05/10/2014
BS in Athletic Training James Madison University (Harrisonburg, VA) <i>Magna Cum Laude</i>	08/2008 - 05/05/2012

PROFESSIONAL EXPERIENCE

Athletic Trainer (PRN) Baton Rouge Orthopedic Clinic (Baton Rouge, LA)	10/2022 - Present
Advanced Emergency Medical Technician (PRN) Acadian Ambulance Service (Baton Rouge, LA)	08/2021 - Present
Independent Contractor (Louisiana Bureau of EMS Examiner) Southeast Louisiana Area Health Education Center (Hammond, LA)	07/2021 - Present
Assistant Professor of Professional Practice School of Kinesiology, Louisiana State University (Baton Rouge, LA) <ul style="list-style-type: none">- Coordinator of Clinical Education, MS in Athletic Training (08/2022 - Present)- Program Director and Administrator, LSU Master of Science - Athletic Training EMS Agency, Louisiana Bureau of Emergency Medical Services (08/2022 - Present)	06/2021 - Present
Postdoctoral Fellow School of Kinesiology, Auburn University (Auburn, AL) <ul style="list-style-type: none">- Lab Manager, Warrior Research Center/Neuromechanics Research Lab	06/2020 - 05/2021
Emergency Medical Technician (Part-Time) MedTrust (Lexington, SC)	04/2019 - 04/2020

Doctoral Graduate Assistant Department of Exercise Science, Arnold School of Public Health, University of South Carolina (Columbia, SC) <ul style="list-style-type: none">- Athletic Trainer, Navy Reserve Officers' Training Corps (2019/20 AY)- Host Athletic Trainer, Football	07/2016 - 05/2020
Advanced Emergency Medical Technician (Part-Time) Medshore Ambulance Service (West Columbia, SC) <ul style="list-style-type: none">- Emergency Medical Technician (Part-Time; 05/2016 - 05/2019)	05/2016 - 05/2019
Outreach Athletic Trainer Drayer Physical Therapy Institute (Columbia, SC) <ul style="list-style-type: none">- PRN (08/2016 - 04/2020)- Full-Time (07/2014 - 07/2016)	07/2014 - 04/2020
Graduate Assistant Athletic Trainer Department of Physical Education and Athletic Training, University of South Carolina (Columbia, SC)	07/2012 - 06/2014

PEER-REVIEWED JOURNAL PUBLICATIONS

(†undergraduate student; ‡graduate student)

ORCID: 0000-0001-6305-7926

Published (25; 9 first-author)

Scarneo-Miller, S. E., Hosokawa, Y., Drezner, J. A., **Hirschhorn, R. M.**, Conway, D. P., Elkins, G. A., Hopper, M. N., & Strapp, E. J. (2024). National Athletic Trainers' Association position statement: Emergency action plan development and implementation in sport. *Journal of Athletic Training, 59*(6), 570–583. <https://doi.org/10.4085/1062-6050-0521.23>

Yeargin, S., **Hirschhorn, R. M.**, Adams, W. M., & Scarneo-Miller, S. E. (2024). Secondary school state athletic association health and safety policy development processes. *The Journal of School Health, 94*(7), 591–600. <https://doi.org/10.1111/josh.13454>

Yeargin, S. W., Meyer, C. M., **Hirschhorn, R. M.**, Lane, A. D., Arent, S. M., & Haggard, C. R. (2024). Characterization of health and safety resources for athletes with sickle cell trait at NCAA institutions. *Journal of Strength and Conditioning Research, 38*(11), 1967–1973. <https://doi.org/10.1519/JSC.0000000000004899>

‡Agostinelli, P., **Hirschhorn, R.**, & Sefton, J. (2023). Exercise habits and resources for southeastern US firefighters. *Journal of Occupational and Environmental Medicine, 65*(5), e351–e357. <https://doi.org/10.1097/JOM.0000000000002822>

Hirschhorn, R. M., Huggins, R. A., Kerr, Z. Y., Mensch, J. M., Dompier, T. P., Rudisill, C., & Yeargin, S. W. (2023). Access to athletic trainers and emergency medical services activations for sport-related injuries. *Journal of Athletic Training, 58*(5), 387–392. <https://doi.org/10.4085/234.22>

Hirschhorn, R. M., Yeargin, S. W., Mensch, J. M., & Dompier, T. P. (2023). Injuries and referral patterns during basic combat training: an examination of data from the certified athletic trainer-forward program. *Military Medicine*, *188*(1–2), e190–e197.

Lininger, M. R., Yeargin, S. W., **Hirschhorn, R. M.**, & Mensch, J. (2023). Assessing the validity of a helmet fit checklist in a sample of youth football players. *Research in Sports Medicine*, *31*(4), 357–367. <https://doi.org/10.1080/15438627.2021.1988949>

Yeargin, S., **Hirschhorn, R.**, Grundstein, A., ‡Arango, D., ‡Graham, ‡A., Krebs, A., & ‡Turner, S. (2023). Variations of wet-bulb globe temperature across high school athletics in South Carolina. *International Journal of Biometeorology*, *67*(5), 735–744. <https://doi.org/10.1007/s00484-023-02449-9>

DadeMatthews, O. O., Agostinelli, P. J., Neal, F. K., Oladipupo, S. O., **Hirschhorn, R. M.**, Wilson, A. E., & Sefton, J. M. (2022). Systematic review and meta-analyses on the effects of whole-body vibration on bone health. *Complementary Therapies in Medicine*, *65*(102811), 102811. <https://doi.org/10.1016/j.ctim.2022.102811>

‡Gordon, R., **Hirschhorn, R.**, Smith, A., Fuemmeler, S., & Hand, A. (2022). Gamekeeper's thumb with stener lesion in a high school football player: A disablement model case study. *Clinical Practice in Athletic Training*, *5*(2). <https://doi.org/10.31622/2022/0005.02.7>

Hirschhorn, R. M., Kerr, Z. Y., Mensch, J. M., Huggins, R. A., Dompier, T. P., Rudisill, C., & Yeargin, S. W. (2022). Epidemiology of emergency medical services activations for sport-related injuries in the United States. *Cureus*, *14*(7), e27403. <https://doi.org/10.7759/cureus.27403>

Hirschhorn, R. M., ‡Phillips Gilbert, J. L., ‡Cadet, D. A., Murphy, T. E., Haggard, C., Rosehart, S., & Yeargin, S. W. (2022). Examination of body mass changes among Division I collegiate football players with sickle cell trait. *International Journal of Athletic Therapy & Training*, *27*(1), 36–41. <https://doi.org/10.1123/ijatt.2020-0075>

Hirschhorn RM, Huggins RA, Mensch JM, Dompier TP, Rudisill C, ‡Grace M, †Hutton M, Yeargin SW. (2022). The Association Between Access to Athletic Trainers and Emergency Medical Services Activations for Sport-Related Injuries. *Journal of Athletic Training*, *57*(6S), S-210. <https://doi.org/10.4085/1062-6050-0234.22>

‡Hoover, B. G., **Hirschhorn, R. M.**, Smith, A. B., & Hand, A. F. (2022). Exertional heat stroke in a male high school runner with disordered eating: A disablement model case study. *Clinical Practice in Athletic Training*, *5*(2), 8. <https://doi.org/10.31622/2022/0005.02.8>

Ly, M. T., Scarneo-Miller, S. E., Lepley, A. S., Coleman, K., **Hirschhorn, R.**, Yeargin, S., Casa, D. J., & Chen, C.-M. (2022). Combining MRI and cognitive evaluation to classify concussion in university athletes. *Brain Imaging and Behavior*, *16*(5), 2175–2187. <https://doi.org/10.1007/s11682-022-00687-w>

Emerson, D. M., Torres-McGehee, T. M., Yeargin, S. W., Kelly, M. R., Uriegas, N., Smith, A. B., Weber, S. R., **Hirschhorn, R. M.**, & Cannon, C. (2021). Core body temperatures in collegiate marching band artists during rehearsals and performances. *Journal of Athletic Training, 56*(3), 302–310. <https://doi.org/10.4085/1062-6050-0245.20>

Hirschhorn, R., ‡DadeMatthews, O., & Sefton, J. (2021). Exertional heat stroke knowledge and management among emergency medical service providers. *International Journal of Environmental Research and Public Health, 18*(9), 5016. <https://doi.org/10.3390/ijerph18095016>

Yeargin, S. W., Lininger, M. R., ‡Coughlin, M., **Hirschhorn, R. M.**, ‡Jurewicz, P., ‡Moore, M., ‡O’Connell, H., & Mensch, J. (2021). Improper fit in American youth football helmets across one competitive season. *Annals of Biomedical Engineering, 49*(10), 2924–2931. <https://doi.org/10.1007/s10439-021-02817-9>

Hirschhorn, R. M., ‡Cadet, D., ‡Delus, R., ‡Phillips, J., ‡Murphy, T. E., Haggard, C., Razayeski, J., & Yeargin, S. (2020). The prevalence of sickle cell trait in Division I university athletics programs. *The Physician and Sportsmedicine, 48*(4), 430–436. <https://doi.org/10.1080/00913847.2020.1740628>

Kerr, Z. Y., Yeargin, S. W., Hosokawa, Y., **Hirschhorn, R. M.**, Pierpoint, L. A., & Casa, D. J. (2020). The epidemiology and management of exertional heat illnesses in high school sports during the 2012/2013–2016/2017 academic years. *Journal of Sport Rehabilitation, 29*(3), 332–338. <https://doi.org/10.1123/jsr.2018-0364>

Nedimyer, A. K., Chandran, A., **Hirschhorn, R.**, Adams, W., Pryor, R. R., Casa, D., Register-Mihalik, J., & Kerr, Z. (2020). Exertional heat-stroke management practices and intentions among secondary school football Athletic trainers. *Journal of Athletic Training, 55*(10), 1081–1088. <https://doi.org/10.4085/1062-6050-474-19>

Yeargin, S., **Hirschhorn, R.**, & Grundstein, A. (2020). Heat-related illnesses transported by United States emergency medical services. *Medicina (Kaunas, Lithuania), 56*(10), 543. <https://doi.org/10.3390/medicina56100543>

Hirschhorn, R. M., †Holland, C., Hand, A. F., & Mensch, J. M. (2019). Physicians’ perceptions of athletic trainers. *International Journal of Athletic Therapy & Training, 24*(5), 202–206. <https://doi.org/10.1123/ijatt.2018-0098>

Yeargin, S. W., Dompier, T. P., Casa, D. J., **Hirschhorn, R. M.**, & Kerr, Z. Y. (2019). Epidemiology of exertional heat illnesses in National Collegiate Athletic Association athletes during the 2009-2010 through 2014-2015 academic years. *Journal of Athletic Training, 54*(1), 55–63. <https://doi.org/10.4085/1062-6050-504-17>

Hirschhorn, R. M., Kerr, Z. Y., Wasserman, E. B., Kay, M. C., Clifton, D. R., Dompier, T. P., & Yeargin, S. W. (2018). Epidemiology of injuries requiring emergency transport among collegiate and high school student-athletes. *Journal of Athletic Training, 53*(9), 906–914. <https://doi.org/10.4085/1062-6050-340-17>

In Preparation (3)

Hirschhorn R, Klossner J, de la Mott S, Wallace J, Sniffin K. Athletic Trainers' Engagement in Public Health Practices.

‡McQueen M, Fraley A, Sacko R, **Hirschhorn R**, Wright-FitzGerald A. Identifying Injury, Reporting, and Injury Management Characteristics Among EMS Providers in South Carolina.

‡O'Mara C, **Hirschhorn RM**, Yeargin SW, Wham F, Mensch JM. Examining the Level of Emergency Preparedness in South Carolina Middle School Athletics.

PEER-REVIEWED PUBLISHED ABSTRACTS

(†undergraduate student; ‡graduate student)

In Review (2)

‡Haydel J, Kern A, Willis D, Benson A, Cunha K, **Hirschhorn R**. Contralateral anterior cruciate ligament rupture with posterolateral corner injury in a division I football athlete: A Type 3 CASE Study. 2025 National Athletic Trainers' Association Clinical Symposia & AT Expo.

‡Varisco L, Faldetta K, Benson A, **Hirschhorn R**. Retinal detachment leading to development of a cataract in a 24-year-old collegiate beach volleyball athlete: A rare events CASE study. 2025 National Athletic Trainers' Association Clinical Symposia & AT Expo.

Published (19)

Klossner, J, **Hirschhorn, R**, Wallace, J, Kostyun, R, Sniffen, K, & De La Motte, S. (2024). Certified athletic trainers engage in essential public health services. *APHA 2024 Annual Meeting and Expo*. <https://apha.confex.com/apha/2024/meetingapp.cgi/Paper/551677>

‡Agostinelli, PJ, **Hirschhorn, RM**, & Sefton, JM. (2023). Exercise habits and resources for southeastern United States firefighters. *International Journal of Exercise Science: Conference Proceedings*, 16(2), 267. <https://digitalcommons.wku.edu/ijesab/vol16/iss2/267/>

Meyer, CM, **Hirschhorn, RM**, Lane, AD, Arent, SM, Buono, KM, Yeargin, SW. (2023). Disparities in sickle cell trait care: An examination of policies and resources. *Journal of Athletic Training*, 58(6S), S-54. <https://doi.org/10.4085/1938-162X-58.6s.S-1>

‡O'Mara C, Yeargin S, Mensch J, **Hirschhorn R**, Wham G. (2023). Examining the level of emergency preparedness in South Carolina middle school athletics. *Journal of Athletic Training*, 58(6S), S-292. <https://doi.org/10.4085/1938-162X-58.6s.S-1>

Yeargin, SW, Meyer, CM, Buono, KM, **Hirschhorn, RM**, Lane, AD, & Arent, S. (2023). Screening practices for sickle cell trait across NCAA divisions and designations: 1846. *Medicine and Science in Sports and Exercise*, 55(9S), 627. <https://doi.org/10.1249/01.mss.0000985672.88447.23>

Hirschhorn RM, Huggins RA, Mensch JM, Dompier TP, Rudisill C, ‡Grace M, Hutton M, Yeargin SW. (2022). The association between access to athletic trainers and emergency medical services activations for sport-related injuries. *Journal of Athletic Training*, 57(6S), S-210. <https://doi.org/10.4085/1938-162X-57.6s.S-1>

Yeargin, SW, **Hirschhorn, RM**, ‡Krebs, A, ‡Turner, S, ‡Arango, D, ‡Graham, A, & Grundstein, A. (2022). Variations of wet bulb globe temperature across high school athletics in South Carolina. *Medicine and Science in Sports and Exercise*, 54(9S), 245–245. <https://doi.org/10.1249/01.mss.0000878088.33974.b3>

‡Agostinelli, PJ, Winkelmann, Z, Games, K, **Hirschhorn, R**, McAdam, J, Lyons, K, Dademathews, O & Sefton, J. (2021). The effect of heat on heart rate variability during exercise in male firefighters: 1117. *Medicine and Science in Sports and Exercise*, 53(8S), 362–363. <https://doi.org/10.1249/01.mss.0000763460.86298.52>

Hirschhorn RM, Kerr ZY, Mensch JM, Huggins RA, Dompier TP, Rudisill C, Yeargin SW. (2021). Epidemiology of emergency medical services activations for sport-related injuries. *Journal of Athletic Training*, 56(6S), S-184. <https://doi.org/10.4085/1062-6050-56.6s.S-1>

‡Simpson VJ, Hand AF, **Hirschhorn RM**, Hounshell K, Smith AB. (2021). Hardware removal and postoperative tightrope fixation complications in a male collegiate football player: Level 3 exploration CASE study. *Journal of Athletic Training*, 56(6S), S-259. <https://doi.org/10.4085/1062-6050-56.6s.S-1>

Hirschhorn RM, Yeargin SW, Beattie PF, Mensch JM, Dompier TP. (2020). Examination of referral patterns during army basic combat training. *Journal of Athletic Training*, 55(6S), S-162. <https://doi.org/10.4085/1062-6050-55.6s.S-1>

Torres-McGehee TM, Emerson DM, Weber SR, Uriegas N, Smith AB, **Hirschhorn R**, Yeargin S & Cannon C. (2020). Examination of energy availability and hydration status among university marching band artists: 2250 board #169 May 28 3:00 PM - 4:30 PM. *Medicine and Science in Sports and Exercise*, 52(7S), 603. <https://doi.org/10.1249/01.mss.0000680812.92236.77>

Yeargin SW, ‡Coughlin MC, **Hirschhorn RM**, Lininger MR, Mensch JM, Sprinkle NW, ‡Jurewicz PE, ‡Moore MG, ‡O'Connell HE, ‡Krebs AJ, McKeen SA, Ohlemeyer KJ. (2020). Prevalence and causative factors of improperly fitted helmets in youth football leagues. *Journal of Athletic Training*, 55(6S), S-138. <https://doi.org/10.4085/1062-6050-55.6s.S-1>

Emerson DM, Torres-McGehee TM, Yeargin SW, Kelly MR, **Hirschhorn RM**, Smith A, Weber SR, Uriegas N, Usuki H, Hatcher M. (2019). Core temperature and environmental factors among university marching band musicians. *Journal of Athletic Training*, 54(6S), S-67. <https://doi.org/10.4085/1062-6050-54.6s.S-1>

Hirschhorn, RM, ‡Cadet DA, ‡Delus R, ‡Phillips JL, Murphy T, Haggard C & Yeargin SW. (2019). The prevalence of sickle cell trait in a division I university athletic program: 2542

board #206 may 31 11:00 AM - 12:30 PM. *Medicine and Science in Sports and Exercise*, 51(6S), 706–707. <https://doi.org/10.1249/01.mss.0000562603.94081.0c>

Nedimyer AK, Chandran A, **Hirschhorn RM**, Adams WM, Pryor RR, Casa DJ, Register-Mihalik JK, Kerr ZY. (2019). Exertional heat stroke management strategies: A comparison of practice and intentions between athletic trainers who did and did not treat cases during high school football preseason. *Journal of Athletic Training*, 54(6S), S-69. <https://doi.org/10.4085/1062-6050-54.6s.S-1>

Uriegas NA, Torres-McGehee TM, Emerson DM, Yeargin SW, Kelly MR, **Hirschhorn RM**, Smith A, Weber SR, Usuki H, Hatcher M. (2019). Perceived gastrointestinal distress symptoms among university marching band musicians. *Journal of Athletic Training*, 54(6S), S-377. <https://doi.org/10.4085/1062-6050-54.6s.S-1>

Yeargin SW, Emerson DM, Torres-McGehee TM, **Hirschhorn RM**, Smith A, Weber SR, Kelly MR, Uriegas NA, Hatcher M, Usuki H. (2019). Hydration status, fluid intake, and thirst among university marching band musicians. *Journal of Athletic Training*, 54(6S), S-377-378. <https://doi.org/10.4085/1062-6050-54.6s.S-1>

Hirschhorn RM, Dompier TP, Wasserman EB, Kay MC, Clifton DR, Kerr ZY, Yeargin S. (2017). Epidemiology of injuries requiring emergency transport among college and high school student-athletes. *Journal of Athletic Training*, 52(6S), S-176-177. <https://doi.org/10.4085/1062-6050-52.6.s1>

SCHOLARLY PRESENTATIONS

(†undergraduate student; ‡graduate student)

Invited Presentations (13)

Hirschhorn R, S.-M. S. (2024, June 27). *How to turn your emergency action plan from zero to hero* [Learning lab]. National Athletic Trainers' Association Clinical Symposia & AT Expo, New Orleans, LA.

Hirschhorn, R. (2024, July 26). *Prehospital management of exertional heat stroke* [Keynote speaker]. Texas Emergency Athletic Management Seminar, Edinburg, TX.

Hirschhorn, R. (2024, July 26). *Updated recommendations for emergency planning in athletics* [Keynote speaker]. Texas Emergency Athletic Management Seminar, Edinburg, TX.

Hirschhorn, R. M. (2024, August 14). *Game-changing care: EMS providers' guide to sport-related emergencies* [In-service training]. Tulane Emergency Medical Services Camp, Baton Rouge, LA.

Hirschhorn, R. M. (2024, August 15). *EAPs: Strategic planning and preparation for athletic emergencies* [Panelist]. U.S. Council for Athlete's Health, Webinar. <https://bit.ly/3WdfcwP>

Hirschhorn, R. (2022, June). *Risk reduction, recognition, and management of exertional collapse in the physically active* [Lecture]. Alabama Athletic Trainers' Association Clinical Symposium & Members' Meeting, Birmingham, AL.

Hirschhorn R, C. R. (2022, June). *Pathophysiology, symptomatology, and evidence-based management of acute respiratory emergencies* [Lecture]. Alabama Athletic Trainers' Association Clinical Symposium & Members' Meeting, Birmingham, AL.

Hirschhorn R, C. R. (2022, July 1). *General medicine case review 2.0: Audience-driven management of the exercise-associated collapsed athlete* [Interactive lecture]. National Athletic Trainers' Association Clinical Symposia & AT Expo, Philadelphia, PA.

Hirschhorn, R. M. (2021, June). *Respiratory compromise and airway management for the AT* [In-service training]. Baton Rouge Orthopedic Clinic Emergency Skills In-Service Training, St Amant, LA.

Hirschhorn, R. M. (2019, February). *Emergency respiratory management* [In-service training]. Palmetto Health USC Orthopedic Center In-Service Training, Columbia, SC.

Hirschhorn, R. M. (2019, July). *ATs and EMS: Preparing to work together* [In-service training]. University of South Carolina Athletic Training Program Graduate Assistant Orientation, Columbia, SC.

Hirschhorn, R. M. (2018, July). *The emergency management circle – provision of care and communication* [Panelist]. South Carolina Athletic Trainers' Association Annual Symposium, Columbia, SC.

Hirschhorn, R. M. (2017, September). *Athletic training and EMS relationships* [Seminar]. South Carolina Athletic Training Student Association Monthly Meeting, Columbia, SC.

Peer-Reviewed Presentations (21)

‡Haydel J, Kern A, Willis D, Benson A, Cunha K, **Hirschhorn R.** (2025, February 7). *Bilateral ACL ruptures in football players: A case study and examination of functional differences and associated factors* [Poster & Rapid fire presentation]. Southeast Athletic Trainers' Association EducATion Experience & Expo, Atlanta, GA.

‡Sweatt M, Landrum C, **Hirschhorn RM.** (2025, February 7). *Hip flexor strain in NCAA division 1 male track athlete.* [Poster presentation]. Southeast Athletic Trainers' Association EducATion Experience & Expo, Atlanta, GA.

‡Varisco L, Faldetta K, Benson A, **Hirschhorn R.** (2025, February 7). *Retinal detachment leading to development of a cataract in a 24-year-old collegiate beach volleyball athlete* [Poster & Rapid fire presentation]. Southeast Athletic Trainers' Association EducATion Experience & Expo, Atlanta, GA.

Hirschhorn R, K. J. (2025, June 27). *Bridging the gap: Essential public health services in athletic training practice* [Interactive lecture]. National Athletic Trainers' Association Clinical Symposia & AT Expo, Orlando, FL.

‡Gordon M, Atkinson P, Roithmayr A, **Hirschhorn R**, Benson A. (2023, February). *Chronic multidisciplinary management of osteoarthritis in the knee of an all-American softball athlete: A clinical case report* [Poster & Rapid fire presentation]. Southeast Athletic Trainers' Association EducATion Experience & Expo, Sandestin, FL.

Hirschhorn R, N. E. (2022, January). *Enhancing emergent care in athletic training: Wound closure* [Pre-conference workshop]. Eastern Athletic Trainers' Association Convention, Mashantucket, CT.

Hirschhorn, R. (2022, February). *Understanding the emergency medical services response: Preparing to work together* [Lecture]. Southeast Athletic Trainers' Association Clinical Symposium and Members' Meeting, Atlanta, GA.

‡Martin S, Kern A, **Hirschhorn RM**. (2022, February). *Talar dome fracture in a high school football athlete: A clinical case report*. [Poster presentation]. Southeast Athletic Trainers' Association Athletic Training Student Symposium, Atlanta, GA.

‡Agostinelli PJ, Winkelmann Z, Games K, **Hirschhorn R**, McAdam J, Lyons K, Dadematthews O, Sefton J. (2021, March). *The effect of heat on heart rate variability during exercise in male firefighters* [Oral presentation]. Auburn University Student Research Symposium, Virtual.

Hirschhorn, R. (2021, July). *Understanding the emergency medical services response: Preparing to work together* [Lecture]. National Athletic Trainers' Association Clinical Symposia & AT Expo, Virtual.

Hirschhorn R, ‡D. O. (2021, October). *Recognizing and managing exertional heat stroke in the prehospital setting* [Lecture]. Tactical Athlete Human Factors Summit, Auburn, AL.

‡Gordon RM, Hand AF, Fuemmeler S, **Hirschhorn RM**. (2020, February). *Gamekeeper's thumb with stener lesion in a high school football player* [Poster presentation]. Southeast Athletic Trainers' Association Athletic Training Student Symposium, Atlanta, GA.

Hirschhorn RM, Yeargin SW, Beattie PF, Mensch JM, Dompier TP. (2020, February). *Descriptive epidemiology of injuries and illnesses reported by soldiers in army basic combat training* [Thematic poster presentation]. Southeast American College of Sports Medicine Annual Meeting, Jacksonville, FL.

‡Simpson VJ, Hand AF, **Hirschhorn RM**, Hounshell K. (2020, February). *Hardware removal and long-term postoperative complications following tightrope fixation in a male collegiate football player* [Poster presentation]. Southeast Athletic Trainers' Association Athletic Training Student Symposium, Atlanta, GA.

Hirschhorn RM, Yeargin SW, Beattie PF, Mensch JM, Dompier TP. (n.d.). *Descriptive epidemiology of injuries and illnesses reported by soldiers in army basic combat training* [Poster presentation]. University of South Carolina Discover USC [Canceled due to COVID-19 pandemic], Columbia, SC.

R. Hirschhorn CV

‡Hoover B, **Hirschhorn RM**, Hand AF. (2020, May). *Exertional heat stroke in a male high school cross country runner with disordered eating: A case study*. [Rapid fire presentation]. Mid-Atlantic Athletic Trainers' Association Annual Symposium, Virtual.

Hirschhorn RM, ‡Cadet DA, ‡Delus R, ‡Phillips JL, Murphy T, Haggard C, Razayeski J, Yeargin SW. (2019, April). *Sickle cell trait in division I student-athletes* [Poster presentation]. University of South Carolina Discover USC, Columbia, SC.

Hirschhorn RM, ‡Cadet DA, ‡Delus R, ‡Phillips JL, Murphy T, Haggard C, Razayeski J, Yeargin SW. (2019, July). *Sickle cell trait in division I student-athletes* [Poster presentation]. South Carolina Athletic Trainers' Association Annual Symposium, Columbia, SC.

Hirschhorn RM, Kay JJM, Moore RD, Yeargin SW. (2018, April). *Comparison of self-reported concussion symptoms and scores on the Beck Depression Inventory-II, Beck Anxiety Inventory, and the Anger Index* [Poster presentation]. University of South Carolina Discover USC, Columbia, SC.

Hirschhorn RM, G. C. (2018, July). *Advanced airway management for the AT setting* [Learning lab]. South Carolina Athletic Trainers' Association Annual Symposium, Columbia, SC.

Hirschhorn RM, Kerr ZY, Dompier TP, Wasserman EB, Kay MC, Clifton DR, Yeargin SW. (2017, April). *Epidemiology of injuries requiring emergency transport among college and high school student-athletes* [Three Minute Thesis]. University of South Carolina Discover USC Three Minute Thesis Competition, Columbia, SC.

Contributed Presentations (2)

Hirschhorn RM, Yeargin SW, Beattie PF, Mensch JM, Dompier TP. (2020, January). *Injuries and referrals in basic combat training* [Seminar]. University of South Carolina Exercise Science Seminar, Columbia, SC.

Hirschhorn RM, ‡Cadet DA, ‡Delus R, ‡Phillips JL, Murphy T, Haggard C, Razayeski J, Yeargin SW. (2019, March). *Sickle cell trait in division I student-athletes* [Seminar]. University of South Carolina Exercise Science Seminar, Columbia, SC.

TEACHING EXPERIENCE

Instructor of Record

MS in Athletic Training, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

ATRN 7000 Emergency Medicine for the Athletic Trainer
ATRN 7100 Athletic Training Clinical Practice I
ATRN 7101 Athletic Training Clinical Skills I
ATRN 7102 Foundations of Patient Assessment
ATRN 7203 Therapeutic Rehabilitation
ATRN 7204 Primary Care Medicine

R. Hirschhorn CV

ATRN 7400 Athletic Training Clinical Practice IV
ATRN 7403 Athletic Training Clinical Skills II
ATRN 7501 Integrating Medical Research into Athletic Training

BS in Kinesiology, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

ATRN 2000 Emergency Medical Response
KIN 2509 Medical Terminology for Kinesiology (100% web-based)
KIN 2601 First Aid

BS in Athletic Training, Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC

ATEP 494 Athletic Training Senior Seminar
ATEP 466L Therapeutic Exercise Lab
ATEP 267 Clinical Foundations in Athletic Training

Graduate Teaching Assistant

Doctor of Physical Therapy, Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC

PHYT 750 Orthopedic Physical Therapy I

MS in Advanced Athletic Training, Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC

EXSC 755 Research Methods in Athletic Training
ATEP 7333 Evidence-Based Practice in Medical Emergencies

MS in Athletic Training, Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC

ATEP 711 Clinical Experiences in Athletic Training I
ATEP 748 Evaluation and Therapeutic Intervention of Lower Extremity Injuries
Athletic Training Student Practice Labs

BS in Athletic Training, Department of Physical Education and Athletic Training, University of South Carolina, Columbia, SC

ATEP 492 Athletic Training Clinical V
ATEP 350 Evaluation and Assessment of Upper Extremity Injuries
ATEP 350L Evaluation and Assessment of Upper Extremity Injuries Lab
Athletic Training Student Practice Labs

Undergraduate Teaching Assistant

BS in Athletic Training, College of Integrated Science and Technology, James Madison University, Harrisonburg, VA

ATEP 307 Field Application in Athletic Training

Invited Guest Lectures

Medical considerations for large event planning. Invited lecture for KIN 3802 at the School of Kinesiology, Louisiana State University, Baton Rouge, LA. (2023, Fall)

R. Hirschhorn CV

My career pathway in athletic training and emergency medical services. Invited seminar for AT 452 at the College of Education and Health Professions, Limestone University, Gaffney, SC. (2023, Spring)

Enhancing emergent care in athletic training: intravenous therapy & phlebotomy. Invited lecture and lab at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2020, Spring)

Wound closure in athletic training clinical practice. Invited lecture and lab at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2020, Fall and Spring)

Athletic training & Emergency medical services: Part II. Invited lecture at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2020-2021, Spring)

Injury prevention and care in athletic training. Invited lecture at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2019, Fall)

Introduction to injections, phlebotomy, and IV administration in athletic training. Invited lecture at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2019, Fall and Spring)

Supplemental oxygen in athletic training. Invited lecture at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2019, Summer)

Patient assessment. Invited lecture and lab at the Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC. (2019, Summer)

SERVICE

Professional Service

National

Free Communications Session Moderator, National Athletic Trainers' Association Clinical Symposia & AT Expo (2024)

Member, Continuing Professional Certification Advisory Council, Board of Certification for the Athletic Trainer (January 2024 - Present)

Co-chair, Sports & Recreation Injury Committee, Injury Control and Emergency Health Services, American Public Health Association (January 2023 - Present)

R. Hirschhorn CV

Member, Continuing Professional Certification Professional Goals Appraisal 2.0 Workgroup, Board of Certification for the Athletic Trainer (December 2022 - December 2023)

Session Proposal Reviewer, National Athletic Trainers' Association Clinical Symposia & AT Expo (August 2022)

Event Volunteer, National Athletic Trainers' Association Clinical Symposia & AT Expo (June 2022)

Abstract Reviewer, Injury Control and Emergency Health Services, American Public Health Association Annual Meeting (2022, 2023)

Member, Sports & Recreation Injury Committee, Injury Control and Emergency Health Services, American Public Health Association (July 2021 - January 2023)

Member, Athletic Training and Public Health Task Force Member, National Athletic Trainers' Association (March 2021 - Present)

Guest External Grant Reviewer, National Athletic Trainers' Association Research & Education Foundation (2020)

Event Volunteer, American College of Sports Medicine Annual Meeting (May 2019)

Region/District

Member, Quiz Bowl Committee, Southeast Athletic Trainers' Association (December 2024 - Present)

Lab Faculty, Texas Emergency Athletic Management Seminar, Valley Athletic Trainers' Association (July 2024)

Louisiana State Representative, AT EducATionalist Committee, Southeast Athletic Trainers' Association (May 2022 - July 2024)

Louisiana State Representative, Research & Education Committee, Southeast Athletic Trainers' Association (October 2021 - July 2024)

Lab Faculty, Southeast Athletic Trainers' Association (2019, 2022 - 2024)

Abstract Reviewer, Southeast Athletic Trainers' Association (2017 - 2020, 2022 - Present)

State

Exam Proctor, Louisiana Bureau of Emergency Medical Services (July 2021)

South Carolina State Ambassador, National Athletic Trainers' Association Research & Education Foundation, South Carolina Athletic Trainers' Association (January 2018 - May 2020)

R. Hirschhorn CV

Event Volunteer, South Carolina Athletic Trainers' Association Annual Conference (July 2017, July 2019)

Event Volunteer, College and University Workshop, South Carolina Athletic Trainers' Association (2014, 2016, 2017, 2019)

Editorships/Editorial Review Boards

Guest Associate Editor, Elite Sports and Performance Enhancement, *Frontiers in Sports and Active Living* (July 2023 - Present)

Journal Reviewer

Cureus

Journal of Occupational and Environmental Medicine

Clinical Practice in Athletic Training

Journal of Science in Sport and Exercise

American Journal of Lifestyle Medicine

Journal of Sports Medicine and Physical Fitness

Science Reports

Sports Health

International Journal of Athletic Therapy & Training

Journal of Athletic Training

Prehospital Emergency Care

University Service

Louisiana State University

Faculty Advisor, EMS Club of LSU (Fall 2021 – Present)

Auburn University

Judge, Research Student Symposium (March 2021)

University of South Carolina

Room Moderator, Oktoberfest Workshop, Center for Teaching Excellence (Fall 2018)

College/Department/School

School of Kinesiology, College of Human Sciences and Education, Louisiana State University

Member, Search Committee for Assistant/Associate Professor – Endocrinology & Pharmacy (2024/25 AY)

Member, Geauxing the Distance with Kinesiology Organizing Committee (Spring 2024)

Member, Search Committee Member for Open Rank Professor – Sport Management (2023/24 AY)

Member, Search Committee for Assistant/Associate Professor of Professional Practice – Kinesiology (2023/24 AY)

Co-chair, Search Committee for Ochsner Wellness Center Manager of Operations (2023/24 AY)

R. Hirschhorn CV

Event Volunteer, Eye of the Tiger (February 2023)

Member, Search Committee for Assistant Professor of Professional Practice – Athletic Training (2022/23 AY)

Member, Search Committee for Assistant Professor – Exercise Physiology (2021/22 AY)

Event Volunteer, Destination LSU (April 2022, 2024)

Representative and Leadership Team Member, Louisiana Interprofessional Consortium (Fall 2021 - Present)

Member, College of Human Sciences and Education Undergraduate Scholarship Committee (2021/22 AY - Present)

Event Volunteer, Welcome Week (August 2021)

Department of Exercise Science, Arnold School of Public Health, University of South Carolina

Member, Diversity, Equity and Inclusion Student Committee (2019/20 AY)

Panelist, Prospective Student Day Alumni Q&A (November 2019)

Member, Doctoral Student Diversity Focus Group (November 2019)

Panelist, Clinical Health Professionals (March 2019)

Leader, Exercise Science Rehabilitation Sciences Journal Club (2017/18 AY)

Member, Search Committee Member for Clinical Assistant/Associate Professor in Athletic Training (2018/19 AY)

Program Service

MS in Athletic Training Program, School of Kinesiology, College of Human Sciences and Education, Louisiana State University

Co-faculty Advisor, Athletic Training Student Club (2021/22 AY - 2022/23 AY)

Member, Admissions Committee (2021/22 AY - Present)

Warrior Research Center, School of Kinesiology, College of Education, Auburn University

Manager, Graduate Assistant Athletic Trainer Hiring (2020/21 AY)

Athletic Training Programs, Department of Exercise Science, Arnold School of Public Health, University of South Carolina

Liaison, South Carolina Athletic Training Student Association (2018/19 AY)

Member, CAATE Substantive Change Subcommittee (2018/19 AY)

Event Assistant, CAATE On-Campus Site Visit (Fall 2018)

R. Hirschhorn CV

Contributor, MS in Athletic Training Professional Program Curriculum Development (June 2018 - Fall 2019)

Event Assistant, Graduate Assistant Athletic Trainer On-Campus Interviews (2017/18 AY - 2018/19 AY)

Liaison, Graduate South Carolina Athletic Training Student Association (2017/18 AY - 2019/20 AY)

Clinical Site Visitor (2017/18 AY - 2019/20 AY)

Host, ACES Preparatory Workshop (Fall 2017, 2019)

Reviewer, Graduate Assistant Athletic Trainer Applications (Fall 2016 - Fall 2018)

Preceptor, Athletic Training (2012/13 AY - 2019/20 AY)

Community Engagement

Medical Volunteer, Game Day Prep Physicals Day, Baton Rouge Orthopedic Clinic, Baton Rouge, LA (December 2024)

Member, Heart Safe Community of Louisiana Coalition, Baton Rouge, LA (December 2023 - Present)

Volunteer, St. Vincent de Paul Christmas Holiday, Baton Rouge, LA (December 2023)

Medical Volunteer, Louisiana Marathon, Baton Rouge, LA (January 2022)

Event Contributor, Athletic Trainers' Preseason Emergency Skills Review, Lexington County School District 1, Lexington, SC (August 2019)

Medical Volunteer, Boston Marathon, Boston, MA (2018, 2019, 2021)

Volunteer Evaluator, Dutch Fork High School STEM Research Annual Symposium, Lexington, SC (October 2016)

Medical Volunteer, Heart & Sole Women's Five Miler, Lexington Medical Center, Columbia, SC (2016)

Medical Volunteer, World Police and Fire Games, Fairfax, VA (June - July 2015)

Medical Volunteer, Governor's Cup 5-Mile Race, Columbia, SC (2014, 2016)

Medical Volunteer, Columbia Marathon, Columbia, SC (2013, 2015, 2016, 2018-2020)

Volunteer, Habitat for Humanity, James Madison University Alternative May Break, New Orleans, LA (May 2010, 2011)

MEDIA COMMUNICATIONS

Leray, J. (2024, April 4). *LSU Kinesiology is Geauxing the Distance for Scholarship First*. Louisiana State University College of Human Sciences & Education.
<https://www.lsu.edu/chse/news/2024/geauxing-the-distance.php>

Bluvas, E. (2023, August 15). *Secondary school-aged students overseen by athletic trainers more likely to receive emergency medical services, according to new research*. University of South Carolina Arnold School of Public Health.
https://www.sc.edu/study/colleges_schools/public_health/about/news/2023/athletics_trainers_ems_hirschhorn.php

Sobon, L. (2022, December 21). *Certified Athletic Trainers: Your Partners in the Field*. EMS World.
<https://www.hmpgloballearningnetwork.com/site/emsworld/certified-athletic-trainers-your-partners-field>

DIRECTED STUDENT LEARNING & RESEARCH MENTORSHIP

Doctoral Dissertation Committee Member

PhD in Exercise Science, Concordia University Chicago

Ryan Grenberg, Concordia University (2022 - 2024; incomplete)

Master's Non-Thesis Committee Member

MS in Athletic Training Program, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

Rontavia Aranga (2024)

Aryana Brandt (2024)

Erika Clark (2024)

Haley Hanson (2024)

Alexis Luke (2024)

Aubrie Medlin (2024)

Daniela Palacios (2024)

Trinity Saltaformaggio (2024)

Katherine Cousin (2023)

Sara Faulk (2023)

Meagan Gordon (2023)

Marissa Healey (2023)

Hannah Hernandez (2023)

Amber Kelly (2023)

Sydney Martin (2023)

Caroline Nini (2023)

Brianna Roberts (2023)

Steven Soto (2023)

MS in Advanced Athletic Training, Department of Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC

Megan Mcqueen (2024)

Caitlin O'Mara (2022)

Megan Grace (2021)

R. Hirschhorn CV

Patrick Jurewicz (2021)
Adam Graham (2021)
Dylan Arango (2021)
Hayley O'Connell (2021)
Courtney Perkins (2020)
Margaret Coughlin (2020)
Amy Krebs (2020)
Sydney Turner (2020)
Jessica Phillips (2019)
Danielle Cadet (2019)
Rodain Delus (2018)
Danielle Gemignani (2018)

Undergraduate Honors Thesis Committee Member

South Carolina Honors College, University of South Carolina, Columbia, SC
Cassidy Holland (2017)

Undergraduate Capstone Project Faculty Member

BSIE in Industrial Engineering, Department of Mechanical & Industrial Engineering, College of Engineering, Louisiana State University, Baton Rouge, LA

Molly Blouin (2024)
Chloe Marcantel (2024)
Lizette O'Quinn (2024)
Chris Richmon (2024)

FELLOWSHIPS & GRANTS

Fellowships

Arnold School of Public Health Fellow, Arnold School of Public Health, University of South Carolina, Columbia, SC, \$10,000, 2017/18 AY

Research Grants

Funded

Hirschhorn, R.M. (PI), Yeargin, S.W. *The epidemiology of EMS activations for sport-related injuries by athletic training service level*. National Athletic Trainers' Research & Education Foundation (#1819DGP01), **\$2373.52**, 2019-2020

Submitted, Not Funded

Hirschhorn, R.M. (PI), Sefton, J.M. *Examination of heat-related illness risk factors and incidence among recruit and career firefighters*. National Athletic Trainers' Association Foundation, New Investigator Grant, \$20,000. (2021)

Hirschhorn, R.M. (PI), Sefton, J.M. *Examination of heat-related illness risk factors and incidence among recruit and career firefighters*. National Institute for Occupational Safety and Health (NIOSH), Small Research Grant Program (R03), \$100,000. (2021)

Sefton, J., Crumbly, D., Cremaschi, L., Bush, B., Dadematthews, O., **Hirschhorn, R.M. (Co-I)**. *EX4C: Next-generation blood transport for the future operational environment*.

R. Hirschhorn CV

Department of Defense (DOD), FY20 Combat Readiness-Medical Research Program Rapid Development and Translational Research Award. Pre-proposal. (2020)

Hirschhorn, R.M. (PI), Yeargin, S.W. *The epidemiology of EMS activations for sport-related injuries by athletic training service level*. Mid-Atlantic Athletic Trainers' Association, Research Grant, \$1450.56. (2019)

Coughlin, M., **Hirschhorn, R.M.(Co-I)**, Yeargin, S.W. *Prevalence and risk factors of improperly fitted helmets in youth football leagues*. Mid-Atlantic Athletic Trainers' Association Research Grant, \$1697.60. (2019)

Yeargin, S.W., Lininger, M., Mensch, J.M., **Hirschhorn, R.M.(Co-I)**. *Prevalence and risk factors of improperly fitted helmets in youth football leagues*. The National Operating Committee on Standards for Athletic Equipment (NOCSAE) Research Grant, \$56,580. (2019)

Hirschhorn, R.M. (PI), Yeargin, S.W. *Implementation strategies and educational practices of a sickle cell testing mandate in division I, II, and III NCAA institutions*. NCAA Graduate Student Research Grant, \$7,500. (2018)

HONORS & AWARDS

Honors

Mu Chapter Delta Omega Honor Society (2020)

Scholarships

Professional Football Athletic Trainers' Society Larry "Stosh" Neumann Memorial Scholarship, awarded by the NATA Research and Education Foundation. \$2,300 (2019)

Awards

CHSE Faculty Travel Grant, awarded by the College of Human Sciences and Education, Louisiana State University. \$1,000 (2024)

Doctoral Student of the Year, awarded by the Graduate South Carolina Athletic Training Association (2020)

Outstanding Doctoral Student Achievement Award, awarded by the Department of Exercise Science, Arnold School of Public Health, University of South Carolina (2020)

Dean's Student Travel Award, awarded by the Council of Graduate Directors of the Arnold School of Public Health, University of South Carolina. \$300 (2019), \$200 (2017)

Exercise Science Travel Grant Award, awarded by the Department of Exercise Science, Arnold School of Public Health, University of South Carolina. \$300 (2019), \$200 (2017)

R. Hirschhorn CV

The Graduate School Travel Grant, awarded by the Fellowships and Scholarship Committee of the Graduate Council, University of South Carolina. \$500 (2019, \$500 (2017)

Finalist (Heat F Winner), Discover USC 3-Minute Thesis Competition (2017)

PROFESSIONAL LICENSES & CERTIFICATIONS

Current

National Provider Identifier, #1861744781
NAEMT, Advanced Medical Life Support (08/2023 - Present)
ARC, First Aid for Severe Trauma Instructor (10/2022 - Present)
NSCA, Certified Strength and Conditioning Specialist, #7248479390 (06/2022 - Present)
Louisiana AEMT License, #LA21-3670 (06/2021 - Present)
Louisiana Athletic Trainer License, #326771 (05/2021 - Present)
ARC, Basic Life Support Instructor (10/2020 - Present)
NREMT, Advanced EMT, #A2027469 (12/2018 - Present)
BOC, Athletic Trainer, #2000009700 (05/2012 - Present)
AHA, BLS Provider

No Expiry

IAR Sports Manual Therapy Certification (07/2023)
FMT Movement Specialist Advanced (11/2021)
FMT Movement Specialist (11/2021)
FEMA IS-00100.c Introduction to Incident Command System, ICS-100 (05/2019)
FEMA IS-00200.c Basic Incident Command System for Initial Response (05/2019)
FEMA IS-00700.b An Introduction to the National Incident Management System (05/2019)
FEMA IS-00800.c National Response Framework, An Introduction (05/2019)
Stop the Bleed: Bleeding Control Basic Course Instructor (02/2018)
NASM, Corrective Exercise Specialist, #1465843 (01/2014)
Graston Technique Module 1 (07/2012)

Past

Alabama Advanced EMT License, #2000614 (09/2020 - 03/2023)
South Carolina AEMT Certification, #SC029675 (01/2019 - 01/2023)
Mental Health First Aid USA (03/2019 - 03/2022)
Alabama License to Practice Athletic Training, #2401 (07/2020 - 12/2021)
AHA, BLS Instructor, #05180682236 (10/2018 - 10/2020)
South Carolina State Certified Athletic Trainer, #1371 (07/2012 - 07/2020)
South Carolina EMT Certification, #SC029675 (03/2016 - 03/2020)
NREMT, Emergency Medical Technician, #E3244822 (03/2016 - 03/2020)
Virginia Volunteer License to Practice Athletic Trainer, #0128000025 (06/2015 - 06/2016)

PROFESSIONAL MEMBERSHIPS

Current

National Association of EMS Educators (2024 - Present)
Society for Advancement of Violence and Injury Research (2023 - Present)
American Public Health Association (2021 - Present)
Louisiana Athletic Trainers' Association (2021 - Present)
Southeast Athletic Trainers' Association (2020 - Present)
Public Safety Athletic Trainers' Society (2017 - Present)
National Association of Emergency Medical Technicians (2016 - Present)
National Strength and Conditioning Association (2014 - 2015, 2020 - Present)
National Athletic Trainers' Association (2010 - Present)

Past

AT EducATionalist Special Interest Group Member (2023 - 2024)
Auburn University Postdoctoral Association (2020/21 AY)
Society for Transparency, Openness, and Replication in Kinesiology (2020 - 2023)
Alabama Athletic Trainers' Association (2020 - 2021)
Southeast American College of Sports Medicine Regional Chapter (2019 - 2021)
American College of Sports Medicine (2013 - 2014, 2016 - 2021)
Graduate South Carolina Athletic Training Students' Association (2013-2014)
South Carolina Athletic Trainers' Association (2012 - 2020)
Mid-Atlantic Athletic Trainers' Association (2010 - 2020)
Virginia Athletic Trainers' Association (2010 - 2012)

PROFESSIONAL DEVELOPMENT

Cohort-Based Learning

Association for Athletic Training Education Faculty Institute (2024/25 Cohort)

Mentee, Faculty Mentorship Program, National Athletic Trainers' Association (2022/23 Cohort)

Certificate Programs

Essentials in Clinical Simulations Across the Health Professions, George Washington University (In progress)

Suicide Prevention Gatekeeper, QPR Institute (2022)

Leadership Enhancement and Development Series (LEADS) Program, Southeast Athletic Trainers' Association (2021/22 Cohort)

Gaining Resilience and Cultivating Empowerment (GRACE) Training, Louisiana State University (2021)

Certificate of Achievement in Student Learning Assessment, Louisiana State University (2021)

R. Hirschhorn CV

Clinical and Translational Science (CTS) Training Program, Center for Clinical and Translational Science, University of Alabama at Birmingham (2021)

New Faculty Scholars Program, Auburn University (2021)

Preparing Future Faculty Program Certificate, Center for Teaching Excellence, University of South Carolina (2019)

Workshops

Advanced Uses of Standardized Patients in Athletic Training and Healthcare Education Workshop, James Madison University, Harrisonburg, VA (2024)

Non-Credit Courses

NSCA's Certified Strength and Conditioning Specialist (CSCS®) Online Study Course, Human Kinetics (2022)

Postural Respiration Home-Study Course, Postural Restoration Institute (2018)